

Yoga Underground July Schedule 724 827-8047

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			1 9:45-11:45am Westcoast Flow <i>Level 4/5</i> 6:00-7:45pm Modified Primary <i>All Levels</i>	2 6:00-7:30pm Westcoast Flow <i>All Levels</i>	3 9:45-11:45am Primary Series Level 3	4
5	6 6:00-7:30pm Intro to Ashtanga <i>Levell</i>	7 6:00-7:30pm 6 Weeks Beginner Course	8 9:45-11:45am Second Series <i>Level 4/5</i> 6:00-7:45pm Modified Primary <i>All Levels</i>	9 6:00-7:30pm Primary Series	10 9:45-11:45am Primary Series Level 3 7:00-8:00pm KINO MACGREGOR	11 10:00-12:00 2:00-4:00 KINO MACGREGOR
12 10:00-12:00 2:00-4:00 KINO MACGREGOR	13 6:00-7:30pm Intro to Ashtanga <i>Levell</i>	14 6:00-7:30pm 6 Weeks Beginner Course	15 9:45-11:45am Westcoast Flow <i>Level 4/5</i> 6:00-7:45pm Modified Primary <i>All Levels</i>	16 6:00-7:30pm Westcoast Flow <i>All Levels</i>	17 9:45-11:45am Primary Series Level 3	18
19	20 6:00-7:30pm Intro to Ashtanga <i>Levell</i>	21 6:00-7:30pm Ashtanga Prep <i>All Levels</i>	22 9:45-11:45am Second Series <i>Level 4/5</i> 6:00-7:45pm Modified Primary <i>All Levels</i>	23 6:00-7:30pm Primary Series	24 9:45-11:45am Primary Series Level 3	25
26 Westcoast Flow Levels 4/5 10:30a-12:30p	27 6:00-7:30pm Intro to Ashtanga <i>Levell</i>	28 6:00-7:30pm Ashtanga Prep <i>All Levels</i>	29 9:45-11:45am Westcoast Flow <i>Level 4/5</i> 6:00-7:45pm Modified Primary <i>All Levels</i>	30 6:00-7:30pm Westcoast Flow <i>All Levels</i>	31 9:45-11:45am Primary Series Level 3	